

# Are you worried

About a recent **change** in your condition  
or that of a loved one?

**If yes...REACH out**

## What is REACH about?

**R**

You may **RECOGNISE** a worrying change in your condition or in the person you care for.

**E**

**ENGAGE** (talk) to your nurse or doctor. Tell them your concerns.

**A**

**ASK** the nurse in charge to contact the Registrar (doctor) to come and speak with you about your concern

**C**

If you are still worried, **CALL REACH** on **23666** from the bedside phone or **8382 3666** externally, tell the operator you are making a REACH call

**H**

**HELP** is on the way...  
A Nursing Manager will be with you within 30 minutes to escalate your care